EXHORTATIONS IN HEBREWS

3:1	"Therefore fix your thoughts on Jesus."	
3:8	"Do not harden your hearts."	
3:12	"See to it, brothers, that none of you has a sinful, unbelieving heart."	
3:15	"Do not harden your hearts."	
4:1	"Let us be careful" not to "have fallen short of" the promise of God's rest.	
4:11	"Let us, therefore, make every effort to enter that rest, so that no one will fall."	
4:14	"Therefore let us hold firmly to the faith we profess."	
4:16	"Let us then approach the throne of grace with confidence."	
6:1	"Therefore let us go on to maturity."	
6:11	"Show this same diligence to the very end."	
6:12	"Imitate those who inherit what has been promised."	
10:22	"Let us draw near to God with a sincere heart."	
10:23		
	"Let us hold unswervingly to the hope we profess."	
10:24	"Let us consider how we may spur one another on toward love and good deeds."	
10:25	"Let us not give up meeting together."	
10:32	"Remember those earlier days when you stood your ground in the face of	
	suffering."	
10:35	"Do not throw away your confidence."	
12:1	"Therefore let us throw off executing that hinders"	
	"Therefore let us throw off everything that hinders."	
12:1	"Let us run with perseverance the race marked out for us."	
12:2	"Let us fix our eyes on Jesus."	
12:3	"Consider him who endured such opposition from sinful men."	
12:7	"Endure hardship as discipline."	
12:12	"Therefore, strengthen your feeble arms and weak knees."	
12:14	"Make every effort to live in peace with all men."	
12:14		
	"Be holy."	
12:15	"See to it that no one misses the grace of God."	
12:16	"See that no one is sexually immoral, or is godless like Esau."	
12:25	"See to it that you do not refuse him who speaks."	
12:28	"Therefore let us be thankful."	
13:1	"Keep on loving each other as brothers."	
13:2		
	"Do not forget to entertain strangers."	
13:3	"Remember those in prison and those who are mistreated."	
13:5	"Keep yourselves free from the love of money."	
13:5	"Be content with what you have."	
13:7	"Remember your leaders."	
13:7	"Consider the outcome of their way of life."	
13:9	"Do not be carried away by all kinds of strange teachings."	
13:13		
	"Let us, then, go to him outside the camp bearing the disgrace he bore."	
13:15	"Therefore, let us continually offer to God a sacrifice of praise."	
13:16	"Do not forget to do good and to share with others."	
13:17	"Obey your leaders and submit to their authority."	
13:17	"Obey them so that their works will be a joy."	
13:18	"Pray for us."	
13:19	"Pray so that I be restored to you soon."	
13:22	"Bear with my word of exhortation."	
13:25	"Greet all your leaders and all God's people."	

OLD TESTAMENT QUOTATIONS IN HEBREWS

Hebrews	OT Passage
1:5a	Psalm 2:7
1:5b	2 Samuel 7:14
1:6	Deuteronomy 32:43 (LXX)
1:7	Psalm 104:4
1:8-9	Psalm 45:6-7
1:10-12	Psalm 102:25-27
1:13	Psalm 110:1
2:6-8	Psalm 8:4-6
2:12	Psalm 22:22
2:13a	Psalm 8:17
2:13b	Psalm 8:18
3:7-11	Psalm 95:7-11
3:15	Psalm 95:7-8
4:3	Psalm 95:11
4:4	Genesis 2:2
4:5	Psalm 95:11
4:7	Psalm 95:7-8
5:5	Psalm 2:7
5:6	Psalm 110:4
6:14	Psalm 22:17
7:17	Psalm 110:4
7:21	Psalm 110:4
8:5	Exodus 25:40
8:8-12	Jeremiah 31:31-34
9:20	Exodus 24:8
10:5-7	Psalm 40:6-8
10:16	Jeremiah 31:33
10:17	Jeremiah 31:34
10:30a	
10:30b	Deuteronomy 32:35 Deuteronomy 32:36
10:37-38	Habakkuk 2:3-4
11:18	Genesis 21:12
12:5-6	Proverbs 3:11-12
12:13	Proverbs 4:26
12:20	Exodus 19:12-13
12:21	Deuteronomy 9:19
12:26	Haggai 2:6
13:5	Deuteronomy 31:6, 8
13:6	Psalm 118:6

^{*}Adapted from the NIV Bible