

**Marathon Fellowship**  
Sunday, March 3, 2024  
Mike Balbier

**Aim of lesson:**

To deepen students' understanding of the dynamic interplay between chaos, rest, and our eternal rest (a.k.a. Eternal State) with the Lord. The themes of chaos and rest relates to the Lord providing physical and spiritual redemption, completion, and victory across the entire biblical narrative (the hope of Noah, Israel's Feasts, the Temple, Sabbath observances, etc.). Rest reveals the Lord is presences as he provides blessings of temporal and eternal rest to Israel and believers. Rest also weaves a consistent thread of the ultimate hope in Jesus Christ and our eternal destination. By exploring the promise of rest, students are encouraged to review the scripture references below and listen to the lesson on Sunday as they cultivate a deeper appreciation of God's eternal purpose for believers and the nation of Israel.

On Sunday, due to time constraints, we'll briefly touch on some of the passages below, while we'll detail key passages from Genesis, Deuteronomy, Matthew, and 1 Corinthians and key ideas on Gathering, Sabbath, Israel's Feast of Tabernacles, Temple, and the Church.

**Useless and Rest (Gen 1:1a-1b-2:3)** Discuss the LORD's creative act to bring order from nothing.

**Physical and Spiritual Chaos (Genesis 3:1-4:16):** Discuss the fall of man and its consequences, focusing on the promise of Genesis 3:15.

**Cain and Seth (Genesis 4:14-6:8):** Explore the paths of Cain and Seth, analyzing the struggle between chaos and the pursuit of peace.

**Wickedness, War, and Peace (Genesis 6:1-11:9):** Examine the stories of the flood and the tower of Babel as cycles of human wickedness and divine intervention.

**Chaos in Egypt and Anticipated Rest (Exodus 1:8; Deuteronomy 5:15, 12:10-11):**

Discuss the Israelites' enslavement and God's promise of deliverance.

Special Note: **Gathering & Tabernacle (Lev 23, Deuteronomy 16:16-17, 31:9-11):** Discuss the importance of gathering around the word of the Lord and how the Tabernacle points Israel to the promised land.

**In Land but in Chaos and Rest (Joshua 13:13; Judges 1:1-21:25):** Analyze the challenges and cycles of turmoil in the promised land.

**Saul and David (1 Samuel 9:1-31:13; 1 Chronicles 11:1-28:2-3):** Reflect on the contrasting reigns of Saul and David in terms of chaos and rest.

**Solomon and the Temple (1 Chronicles 22:9; 2 Chronicles 5:1-6):** Discuss the significance of Solomon's reign and the construction of the Temple—mini-Genesis—the Lord rules.

**New Testament Gathering and Rest (Matthew 26:27-29; 1 Corinthians 11:15; Hebrews 3):** Discover how our awaited rest at His return during the Lord's table observance and how Hebrews 3 looks to the eternal rest in Jesus

**Rest Realized (1 Thessalonians 4:13-16; Revelation 4:1-22:21):** Analyze the prophetic visions of ultimate peace and rest.

**The Prince of Peace (Isaiah 9:6-7):** Title applies not just for Christmas time but also the end of time.